

Kinesiology Taping Class Information

Instructor: Brian Piccolo, MA, LMT.

Approved Provider: # 1101 with NCBTMB

Prerequisite: Licensed Professional.

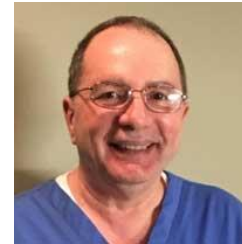
What to Bring: loose fitting clothing that exposes shoulders, legs, and arms.

Class Length: 9:30 to 5:30, 8 Hours.

CE's Earned: Seven CE's with NCBTMB.

Contact Info: 586-703-6737, Brian@BrianJohnPiccolo.com

School Info: Irene's Myomassology Institute, 26061 Franklin Road Southfield, MI 48033, 248-350-1400



Class Description

Students will learn the best ways to apply Kinesiology Tape to the major joints and muscles. This practice will serve to help prevent injuries to athletes and help current sprains and injuries to heal faster. Students will learn the difference between the three major applications of Kinesiology Taping. Kinesiology Taping relieves pain through both physical and neurological mechanisms. The lifting action of the tape relieves pressure on pain receptors directly under the skin, allowing for quick relief from acute injuries. Chronic pain is affected through sensory stimulation of other types of nerve fibers.

