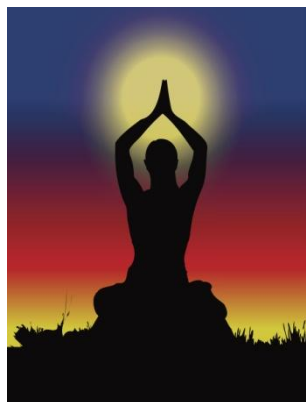


Detachment of the Ego and Co-Creation by Brian Piccolo © 2008

Many times when I teach others about flipping the switch from a negative thought to a positive one, they think that I am teaching them to go into denial about reality. This could not be further from the truth. What I am really teaching is a metaphysical principle, namely that whatever we give our attention to now will Co-Create our future immediately if not later. If you think you are having a bad day, and keep dwelling on it, your bad day will get progressively worse as time goes on.



When we say that our day is good or bad, we are actually making a judgment or interpretation of the sequence of events that happened to us. We do not have to deny the existence of these events. What we need to do is to stop attaching a value to them. We need to detach ourselves from the meaning of these events so they do not dominate our attention. So dwelling on an event we do not like does nothing for us but to perpetuate more events of the same nature. Thus, the saying, “When it rains, it pours.”

One old classic Beatle song says, “When the rain comes they run and hide their heads, they might as well be dead.” In a sense this is true. If we close our eyes and hide from the fact that we Co-Create our reality, then judge it good or bad, we are killing our very own future. Being detached from the events that approach us in our lives does not mean ignoring them or being irresponsible. We must always take care of business as it happens. If our alarm clock’s alarm does not go off on time, we do not judge it. We mentally flip the switch and say with belief and conviction, “Everything that happens, happens by design from God’s point of view, and works for my ultimate good always.”

Our little ego’s abilities to comprehend our Higher Self’s ways of bringing to us what we desire are beyond its ken. This is why we should not judge the events in our life as good or bad. The human brain can only process about 1026 thoughts per second while the Higher Self processes trillions of thoughts all at once. There is no way the lower ego can know the way in which the Higher Self or God will fulfill our needs. At that level of existence we are one cosmic mind, a singularity that helps all people everywhere all at once.

You may ask, “Why is it that the lower ego has so much influence if the Higher Self is so omnipotent?” The answer can be demonstrated by analogy. Imagine the Higher Self as a large clipper ship with three masts and many sails sitting on an infinite ocean. The infinite ocean is the universal consciousness of God. The clipper ship is the Higher Self, and the wind in its sails is the Spirit and Will of God for our lives. We might now ask, “Where is the lower ego in all this?” The lower ego is the rudder of the clipper ship. By the turning of the rudder to the right, to the left, or just maintaining a neutral loose position influences the direction the clipper ship takes. You see, the rudder is really a very important part of the whole Divine structure and a very necessary part of the process.

The lower ego is the rudder of our destiny's direction. There is no purposeless action or existence in the universe. The ego is not to be destroyed, it is to be re-educated to the real nature of reality. Once the lower ego is re-educated, the Captain of our clipper ship will be the Higher Self, and the lower ego will be an obedient rudder, a true Son or Daughter of God. So let us draw up our anchor of non-compliance, loose our rudder from its judgmental habits, unfurl the sails of our Higher Self and let Spirit of God move upon our lives and bring us to enlightenment and fulfillment. Cast off onto the ocean of detachment and receive all that you have been denying yourself by judgment and negative focus. Think with your heart, feel with your mind, hear with your eyes, see what you hear, and be ready to receive all.