

Quantum Creativeness and Freedom by Brian Piccolo © 2007

The Bhagavagita is the great Indian epic that appears at the end of the Mahabharata. It is like the Indian version of the Book of Revelations we see exhibited in the New Testament of the West. Within the Bhagavagita there are three kinds of yoga expressed: Bhakti Yoga, Karma Yoga, and Jnana Yoga. The term Yoga itself means union. The root of the English word religion means to reconnect. Rather than the term religion being a mere noun, its truer meaning is more like a verb. Thus, the true purpose of religion is to reconnect to our divine source. How do we do this? We do this through authentic religion or yoga.

Bhakti yoga is based on unconditional love for God and all sentient beings. This is like the Christian love of the Western traditions. We must choose to love our enemies. It is not the desire of the ego to love its enemies. This kind of Christian-Bhakti love neutralizes the ego or lower-self and allows us to step into that creative moment where destiny is made. You are then a vessel of universal love and unity. This is the purpose of all yoga/religion: to bypass the ego and unite with the absolute consciousness.

Karma yoga is action yoga. It could be summed up as doing unto others as you would have others do unto you. This is sometimes known as the universal "Golden Rule." Mother Teresa would be a great example of Karma yoga. Ultimately, Karma yoga will allow you to bypass the ego's attachment in seeking reward or results from your actions. When the ego is neutralized, you become the servant to all, and at that point you are living in that creative now. You are in union with your divine self. The divine is then acting through you for the benefit of all others.

Jnana yoga is knowledge yoga. You see this type of yoga in the Zen Buddhist Koans. A Zen question might be, "What is the sound of one hand clapping?" Another Zen question might be, "If a tree falls in the forest, and no one is around to see it, does it still make a sound?" Our ego's natural tendency is to try and answer this question. But the question is really designed to neutralize the ego through paradoxes. These questions are not intended to be answered. When the ego admits it does not know, it is silenced. It is then that we can remember the true knowledge that comes from divine revelation.

The Higher Self or Atman is formless. It lives in the quantum world of potential unified waves. The Higher Self chooses what wave will become the form or particle. When the lower self is neutralized, consciousness no longer identifies with its own ego reflection and is able to remember its true self. There is only ONE consciousness. Like diffracted light, it can become split into the illusion of subject and object. Only when your consciousness is free, can it choose to create something new. Krishnamurti had it right when he said, "There is no path, only awareness."

All the forms of yoga discussed here work together. If you want to change your life you must become aware of whom you really are. Whatever method you choose will get you to the point where you can make a quantum leap into true awareness. It is at that point that you can consciously choose to love and not hate, to choose to serve and not dominate, to receive all knowledge by remembering and revelation.

Every time you choose to not follow your memory but to choose a new direction, you enter the realm of quantum creativeness. This is where the ONE consciousness chooses what it will create. Will it be something new or will it be the prison of our conditioned memory? Through awareness the choice is yours.