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Overcoming the World

I had a wonderful lucid dream during the holidays. It was one that I did not have to work at. It was for me an act of grace by a Higher Power. I was allowed to remain self-aware and lucid through the whole night of dreaming. I could sit and just look out my dream window and laugh at the way all the scenery was constantly changing, just like watching television. Yet, I never once lost my sense of self-awareness that I was in a dream state.

Throughout the dream, I had a dream body, you know, two legs, two arms, and etc. I also had a friend in this dream that would ask me questions about metaphysics and spirituality. After a night of dreaming lucidly and sharing with my dream friend, I came to a profound peak conclusion, the dream ended, and I was fully awake, very refreshed and peaceful.

What was the peak conclusion you may ask? Well then, let me explain, as I was expounding to my dream friend as to why we are able to control our dream world, I had a revelation. I said to my dream friend, "When we are lucidly awake in our dreams, we are in a position to overcome the laws of the dream world itself. When can fly, walk through walls, create anything we want just through our intentions. We are over comers of the dream cosmos."

My dream friend ask if this were possible in the objective waking world of what you and I might call consensus reality (CR). In the very same instant I remembered that Christ Jesus had demonstrated this possibility many times publicly. I remembered that in the New Testament Christ stated, "In the world ye shall have tribulation: but be of good

cheer; I have *overcome* the world."¹ I quickly realized how hard it seems at times to overcome the world of CR. I realized that Christ had really overcome the world; he had paved the way for us to follow. He was the over comer. At this point I awoke from the dream world.

De-compacting the Meaning

I was not sure what the meaning of all this was at first. I had learned from the past that dreams such as this, which we all have from time to time, are highly compacted with meaning. They are like zip files from the spiritual world. They have to be unzipped over time so the lower ego can get it. You cannot force the meaning; you have to wait for it.

I slowly began to realize that for quite some time now, I had been trying to do all the work of overcoming the world through the power of my lower ego. This is an easy trap to fall into because of the way many spiritual messages are packaged today. The sales marketers really target our ego in this regard, because it is the ego that writes the checks for their products. We should not judge this as good or bad, it is just the nature of things in our culture.

The next thing I began to realize is that we do not have to do it alone. There is a whole universe of divine beings of white light that are just waiting for us to give them our permission so they can help us. They do not intrude upon our free will. I remembered this fact when I found a group of spiritual cards from a workshop I attended several years ago given by Lori Prokop.² The card titled, "Your Cares and Worries Are Resolving" really caught my attention and was calling out to me. After reading it, and all the other cards, I began to allow these beings of light to intercede in my life. I sent them forward with my permission to work out

my destiny with intentions for the highest good for all. Lori said that you may talk directly to them or just write them a letter asking for their help.

Since then I have been asking for help every day and receiving it. Many things I needed have been resolved already. I even received a bonus this year for the first time in three years. So how about it, are you in need of help at this time? Give these beings of white light, which collectively are the Christ, the Buddha, Krishna, Allah, Istar, or whatever image and name for the divine you use, your permission to help you right now. Ask them right now for their help and trust them to give the best result for the highest good.

What to Expect

Look for synchronistic things to happen more and more. You will think of someone then they will call. You will wonder if anyone has seen your resume out on the Internet when the phone will ring with a new job interview.

When the ego fails trying to be the Christ/Higher-Self and must ask for help, then it is successful because the real Christ/Higher-Self will respond. This to me is why Bob Dylan once said in a song, "My love (she) knows there is no success like failure, and that failure is no success at all."³

¹ John 16:33 KJV

² Lori Prokopp www.HowtoHealAbuse.com

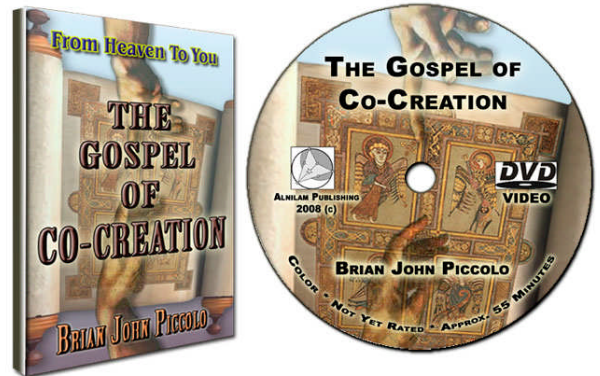
³ *Love Minus Zero/No Limits* by Bob Dylan

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TO
EVERYONE!**