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Mnemosyne: Goddess of Memory

Mnemosyne is the *Greek* goddess of memory. She is where we get our *Latin* based word *memoria*, which we translate into English as the word *memory*. *Cicero*, the Roman philosopher and statesmen proclaimed that, "Memory is the Treasurer and Guardian of all things." This amply describes *Mnemosyne*, the goddess of memory quite well.

In some of the ancient *Greek* mysteries, it was believed that when a person died, their soul passed over into the underworld where they were given a choice. They could drink from the river *Lethe* where you would forget all the pains and terrors of your previous life, which meant you had to reincarnate and learn the same lessons all over again. The other choice was to drink from the stream of *Mnemosyne*. Those who chose to remember were allowed to pass on into the higher realms of existence.

In our study of consciousness, memory plays a big role. The different modalities of consciousness are also important. For example, in quantum physics, the observer collapses the wave potential of an electron into a particle that exists in a particular time and place. What is unique about this form of consciousness is that it has to be sentient. That is to say, it has to be a consciousness that is self aware, aware of its own existence. Sentient consciousness is a self-referencing consciousness.

However, the consciousness that chooses what to collapse, a universe or an atom, does not have to be sentient. In fact, it is unconscious of itself and is universal and transcendent. But, in order to have the collapse completed into the material world, a sentient consciousness must exist. How does higher consciousness become sentient so it can collapse the

world into existence? Answer: by choosing to collapse the human brain. Does this sound like circular reasoning, like what comes first, the chicken or the egg? This is because the true self chooses, but the ego-brain observes and collapses the world all in the same instant. This is called a tangled hierarchy, to borrow a term from quantum physics.

The Western philosophers have confused the term mind with the term consciousness. The Eastern philosophers have not made this mistake, and their model is more correct. Absolute transcendent consciousness becomes limited and conditioned through experience or what we eventually call memory. In Eastern philosophy, when consciousness is limited to a vehicle, like the brain, the vehicle is the mind, which limits the consciousness within it. In this case, we could call it the brain-mind. However, the universal transcendent consciousness that identifies with the brain-mind is not limited to nor found existing in the brain. This entangled self-referencing of universal transcendent consciousness allows itself to identify with lower ego. The lower ego or personality is an emergent property. This is a thumbnail sketch as to how consciousness chooses without sentience, and then observes with sentience, so the universe can collapse into existence.

Over time, we develop memory or conditioning. This memory is found everywhere. In the physical world, we find the goddess of memory in the DNA molecule. Memory is not limited to physical memory. We develop etheric and astral memory beyond the physical realm. There is even a cosmic memory sometimes known as the *Akashic* Records. The term *Akashic* is a *Sanskrit* term meaning "luminous sky." All religious traditions have references to this universal memory that records all

phenomena everywhere. In the Bible, it is called *the book of life* (1).

As memory forms, it begins to influence consciousness. This is why, even though the universe is being collapsed multiple times a second, it never regenerates, it only degenerates forming the illusion of continuity and time, which we experience personally as aging. Memory is a good thing; it is how we learn. Memory can also be the box we live in, our karma. Why do we keep on doing the same things when we know they will not work? Memory is habit.

There are great themes in the universe like gravity, the laws of physics and the rest. Yet, they are only forms of conditioning based on memory. Our human brain is unique in that it has a consciousness, pre-consciousness, and unconsciousness mapped into it by experience and conditioning. It reflects the higher realms in many ways when seen as a totality. The brain processes 400 billion bits of information a second, yet we are only conscious of about 2,000 of them. Just watching the reflex arc when the doctor taps your knee shows you a conditioned reflex mapped within the brain and central nervous system at an unconscious level.

The unconscious part of our brain reflexes transcendent unconscious consciousness, our mid brain reflects our pre-conscious processing of the choice made by transcendent consciousness through memory, the neo-cortex brain-mind with its sentience collapses the choice based on its pre-conscious conditioning. Thus, we experience a coherent universe. However, to change our life so that we can collapse the world we want, not the one conditioning, memory, and karma has given us, we must begin to change our memory on all levels.

The memory is a mechanism that maps in two directions, from the top down, and from the bottom up. It is our karma. We can transmute it. Like gravity, we can fall over the cliff, or we can build an airplane. When the true self chooses something, it is conditioned by our memory/karma, before it can be collapsed by our sentient brain-mind. This is the downward collapse. Thus, we keep on creating the same unwanted situations instead of moving on.

The upward collapse can be done by us instead. Like priming the pump, we can use the lower

handle of the sentient mind to meditate on what it is we really want. For example, by breathing techniques, we can send energy up and down our spines, clearing our karmic blocks and replacing them with positive desires. Like a computer, we can erase our memory, and reinstall the new program of life. Simpler techniques like the *Emotional Freedom Technique*, developed by Gary Craig are even faster (2). Through a system of tapping on the meridian points on our physical body, we affect our etheric and astral body's memories and can erase the pre-conscious memories that are skewing our manifestations in the wrong direction.

In conclusion, I hope you now see a little clearer that memory is a very important part of our learning process here on earth. When you sleep at night, you dream. You can become one person in your dream and then another. Your lower ego memory stays behind so you can be whoever you want to be in your dream. No regular memory follows you into your dream. Most of your dreams are new. The dreams that repeat are being collapsed into your dream life by pre-conscious memory conditionings in the deeper recesses of your brain and etheric bodies. When we finally overcome our negative memory and replace it with our positive memory through techniques like the ones mentioned above, and in the teachings of Ester and Jerry Hicks, we will begin to create heaven on earth (3). At that point, the Age of Aquarius will begin with the consciousness's true liberation. In the end, we create our own heaven and our own hell. No one judges us but ourselves.

(1) There are Biblical references to universal memory both the old and new testaments.

NIV Psalm 69:28 May they be blotted out of the **book of life** and not be listed with the righteous.

NIV Revelation 20:12 And I saw the dead, great and small, standing before the throne, and books were opened. Another book was opened, which is the **book of life**. The dead were judged according to what they had done as recorded in the books.

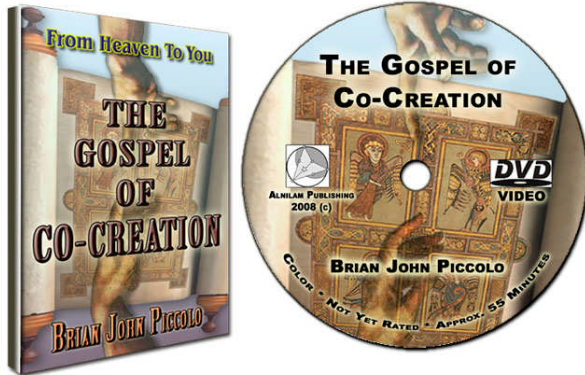
(2) Gary Craig's website is www.emofree.com. You can see a free video on the technique itself and download a free manual to go with it.

(3) Ester Hicks channels the entities known as "Abraham" and can be reached at www.abraham-hicks.com.

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