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## Greater Resolution

Our last newsletter discussed the meaning of the “Holy Grail” and many of its traditions. We asserted and concluded that the “Grail” is a symbolic reference to the many levels of higher consciousness that humanity will someday develop sequentially. However, we do not have to wait for global planetary initiations to occur, such as the one predicted in December of 2012 by the Mayan, to obtain to higher consciousness. We can work on that now.

The best way to work on these things is to first have a basic understanding of occult history. This is the hidden history as to how we really got here. If the eye is open and the mind receptive, one will notice that we have four stages of consciousness. We experience all of them every twenty-four hours. These four modalities of consciousness are waking, dreaming, dreamless sleep, and trance-like. Just as a study of embryology can reveal a record of all the forms our human body has gone through to reach the stage it is now at, so can an understanding of our history of consciousness tell us even more.

In the womb, we can clearly see that a human being goes through a metamorphous transformation from a mineral like zygote, to something vegetable like, to an animal with gills and a tail, and finally to the human form as we recognize it today. This observation alone, it must be remembered, is only a physical understanding and does not even scratch the surface of the greater history that led up to the beginning of the physical world. You see, we do not evolve in a vacuum; the solar system and the earth evolve as humanity evolves. There is no major transformation in the development of humanity without a cosmic parallelism. When the sexes separated off from

being androgynous, the current Moon of today separated from the Earth about where the Pacific Ocean currently stands. Every now and then, someone is born still containing both male and female reproductive organs all in one body.

This is one example of how the macrocosm is reflected in the microcosm and visa versa. This spiritual fact led to several occult expressions among the initiates. One expression was found on the emerald tablet of Hermes Trismegistus, “As above so below.” Another expression by Protagoras stated, “Man is the measure of all things: of those that are, that they are; and of those that are not, that they are not.”

By analogy, just how one may have an insight of physical evolutionary history by the study of embryology, one can also observe the history of self awareness and consciousness development in humanity by looking at our current four levels of consciousness. It was Dr. Carl Jung, the psychiatrist, who first pointed out that not everyone on the planet earth is necessarily living in the 21st century mentally. Even within our four types of consciousness we are not all equally developed.

To reiterate, our four main categories of consciousness are waking state, dreaming, dreamless sleep, and trance state. To find out what these states are, how we got them, and where they came from, and in what order they were developed, is a tremendous task. To do this we must start with the writings of *Theosophy* (1) and *Anthroposophy* (2). These two movements of the late 19<sup>th</sup>, 20<sup>th</sup> and 21<sup>st</sup> centuries came directly from the impulses created by those high and mighty beings known as the Masters of Wisdom. A great corpus of writings and information has come from these spiritual impulses and many branch-like movements have sprung from them. It is from this occult information, that we shall glean our basic understanding of these issues.

What we must first realize is as humanity develops and evolves, so does the solar system and

the Earth itself. It is taught that there are seven great incarnations of the solar system and its planetary systems or chains as they are called. We are in the fourth incarnation of our planetary system now. This is why we have four levels of consciousness. Each one was developed sequentially through each of the four incarnations or rounds of our earth.

During the first incarnation, the roots of our physical body were developed along with a rudimentary form of consciousness known as the trance like state. This state is similar to that of present day minerals and crystals. Collectively taken, this could be called the mineral kingdom. At this stage humanity only had a warmth body. Our Divine Spark or Monad hovered over the physical body but could not enter it yet. The Divine Hierarchy of creators created this warmth body for us.

During the second incarnation of our planetary system, we developed the roots of our etheric body and a rudimentary form of consciousness known as the dreamless sleep state. This state is very similar to that of present day plants and vegetables. Collectively taken, this could be called the vegetable kingdom. At this stage humanity had two bodies, one physical and one etheric, but not densely physical like today's matter. Our Monads still could not enter these two bodies.

During the third incarnation of our planetary system, we developed the root of our astral body and a rudimentary form of picture consciousness now known as our present day dream state. This state is very similar to that of our present day animals. Collectively taken, this could be called the animal kingdom. At this stage humanity had three bodies, one physical, one etheric and one astral. The planetary system at this stage was now denser than the two prior stages. Our astral body was still too wild and unrefined for our Divine Monads to dwell within it.

During the fourth incarnation of our planetary system, a recapitulation of all the prior stages of planetary incarnations repeated themselves before the fourth stage could be fully developed. This was a common occurrence in all the prior stages of planetary incarnations and evolution, each according to what had preceded it. In the fourth stage, we developed the vehicle for our ego consciousness. This allowed us to have self-awareness. This is what we call our waking state. Basically, our Divine Monads were able to incarnate during what is called the Lumerian Period

of Evolution. At this point the bodies of humanity were evolved enough to allow for the incarnation of our Monad which brought forth the beginnings of what would later become the Waking State of the lower Ego. On our current globe, the Lumerian state preceded the Atlantean epoch, which preceded our current Fifth Epoch. There will be seven great Epochs on our current Earth Globe.

We now have four bodies, not just one physical body. We have also four states of consciousness, not just one waking state. We have experienced the human mineral, human vegetable, human animal, and human being stage of our evolution through the cosmos on various different planets. Then next key in our understanding is to understand the sleep cycle of modern humanity from a spiritual point of view.

Every night we go through all of our stages of consciousness and return in the morning awakened and refreshed. During the sleep cycle, the ego and the astral body completely withdraw from the physical and etheric bodies. At death, the etheric withdraws with the astral body and the ego, thus ending all relationship to the physical body, which then quickly disintegrates into minerals and dust. To a certain degree, we die every night.

As stated in our last newsletter, initiates are awake at every one of these levels of consciousness according to their own personal stage of development. Rudolph Steiner was awake at every level of consciousness and therefore did not sleep at night the way we do. He had what is known as continuity of consciousness. The Western initiates have named the first four stages of planetary evolution discussed thus far. They are as follows, the first stage is the Saturn stage, the second stage is the Sun stage, the third stage is the Moon stage, and the fourth stage is the Earth stage.

We are all Earth initiates if we are self-aware and awake on the Earth or fourth stage. To be awake on both the Earth and the Moon stage is to be a Lunar initiate. This was Helena P. Blavatsky's level; she was a Lunar initiate. Rudolph Steiner was a Saturn initiate, being fully awake at all four stages of consciousness. This allowed him to read the universal Akasic records directly because they exist at such a high level of consciousness that a Lunar initiate for example would not have direct access to them. A Lunar initiate would only see the reflection of the Akasic records and could easily get distorted information. However, Helena P. Blavatsky had the help of her Masters to keep her accurate.

Well, we covered quite a lot in this issue for now. Next time we will expand more on the relationship of the theses levels of consciousness to the kingdoms of nature around us, and our future planetary evolution. Consider reading my book, *Essential Healing: Therapy and Consciousness*, for more information about the areas discussed here. My book contains a very ample biography and endnotes, which you might find helpful.

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NOTES:

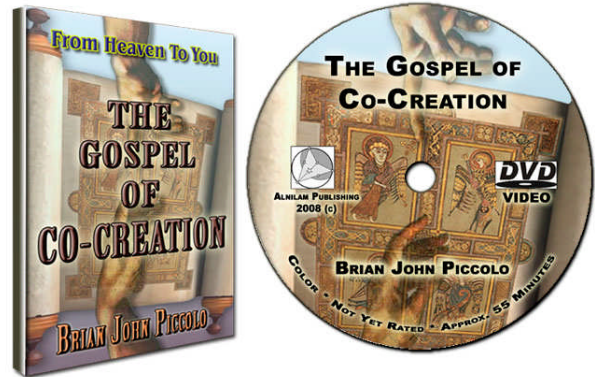
(1) Theosophy was a spiritual movement begun by Madame Helena P. Blavatsky under the direct permission of the Eastern Masters of Wisdom. The outer movement was and still is human managed, but the inner esoteric circles within the movement were under the direct overseeing of the Masters themselves. This movement began in 1875 and is still here today. However, in my opinion, the Masters withdrew their interest from the movement at the death of Helena P. Blavatsky because of the questionable actions of Annie Beasant and Charles Leadbeater which were in direct contradiction to what Blavatsky and her Masters had taught. See *The Elder Brother: A Biography of Charles Webster Leadbeater* by Gregory Tillett, and *H. P. Blavatsky: The Great Betrayal* by Alive Leighton Cleather for more details. The two greatest works by H. P. Blavatsky is *Isis Unveiled* and *The Secret Doctrine*.

(2) Anthroposophy was a spiritual movement started by Dr. Rudolph Steiner in 1912. Originally, Steiner was a spiritual teacher and head of the German Lodge of Theosophy. Steiner had a falling out with Theosophy when Annie Beasant and Charles Leadbeater wreaked havoc on the movement by announcing Jiddu Krishnamurti (a young Indian boy when discovered by Leadbeater) as the return of Christ, the new world teacher. The anti-Christian bias of Theosophy has never fully been abated even today. However, it did at that time create the right cosmic condition to allow Rudolph Steiner (who was in fact, a higher initiate then even Blavatsky) to balance out the karma involved. One of Steiner's greatest foundational writings is *An Outline of Occult Science*. Steiner and Blavatsky may very well be, with a few exceptions, the two highest initiates of higher consciousness to ever be allowed to speak publicly about hidden truths in several thousand years.

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